

Student Curated Collection

SOPHE looks for unique ways to support health educators during this uncertain time of the COVID-19 pandemic.

Take a breath, and start with what's within your control: professional development, honing your skills, reading, connecting and learning!

Here are resources to help you as a health education/promotion student and transitioning professional. Thank you for choosing SOPHE as a resource for continued learning and improvement. We support you through professional preparation and advocacy, every day.

SOPHE's Center for Online Resources & Education (CORE)

CORE is a dedicated source for continuing education and skills in demand by today's employers in public health education and promotion. CORE provides CHES®/MCHES® credits to SOPHE members and others. This integrated learning management system provides access to the latest content to help advance your professional development and career.



Check out webinar resources on program planning, health education careers, students and the work- force, workforce development and many more!

Webinar resources to get you started

01-452DL *Active-Learning Approaches for Teaching Public Health to First-Generation College Students*


HPP 187 *May: A Cultural Competence Organizational Review for Community Health Services: Insights from a Participatory Approach*

PHP 014 *September: Becoming a Professional: Online Discussion Boards as a Tool for Developing Professionalism Among MPH Students*

01-544DL *Five Essential Skills for Aspiring Health Education Consultants*

PHP 012 *June: Photovoice as Pedagogy for Authentic Learning: Empowering Undergraduate Students to Increase Community Awareness About Issues Related to the Impact of Low Income on Health*

01-473DL *Using Self-Assessment Tools for Personal and Professional Development*

 Visit <https://beacon360.content.online/xbcs/S1581/catalog/main.xhtml> to access CORE for more webinars and resources.

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SOPHE Fireside Chat

Check out YouTube to learn how to land your next job!

[Fireside Chat interview with CJ Neely](#) - SOPHE connected with assistant director of career education at Johns Hopkins University, Dr. CJ Neely. Learn the do's and don'ts of resume writing and best practices to explore on your career journey.

SOPHE Career Hub

Features positions in health promotion, health education and public health.


Submit your resume online for a FREE review! Visit <https://www.sophe.org/careerhub>

SOPHE's Tools of the Trade 3

Curated articles that provide key insights to form and develop your professional identity.

Available at www.sophe.org/careerhub

The collection of career development articles are copyrighted excerpts from SOPHE's Tools of the Trade 3. The articles may not be reproduced or utilized in any form or by any means, electronic or mechanical, including scanning, recording, or transmission without permission from SOPHE.

 [Order the full collection of Tools of the Trade publications](#) that cover useful, easy-to-read tips for practicing health educators and junior faculty.

SOPHE Student Workshop Session - On-Demand

Who's Who in Health Education: Learning How to Make the Best Out of Your Network

Virtual SOPHE 2020 held a speed mentoring session for students to meet and connect with professionals working in a variety of settings and roles.

- Skye McDonald, MS, CHES®
- Brittany Rosen, PhD, MEd, CHES®
- Gabrielle Benenson, MPH
- Lisa Carlson, MPH, MCHES®

Now available on YouTube for a limited time - watch <https://youtu.be/Wzo4tA00jZw>

SOPHE Membership

As a valued SOPHE member, you enjoy exclusive benefits. During these unprecedented times, we want you to know the tools and resources to help you transition into your career. Now, more than ever, we thank you for choosing SOPHE as your professional home.

If you need assistance to renew your membership at this time, please contact membership@sophe.org. We work every day to support you. We may have solutions to keep your membership active.

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Opportunities to become an emerging SOPHE volunteer

SOPHE Awards, Fellowships & Scholarships

SOPHE presents awards, scholarships and fellowships to faculty, practitioners, students and chapters in more than 15 categories. Deadline: May 17. [Read more and apply.](#)

Are you taking the CHES/MCHES exam?

The Helen P. Cleary Scholarship offers financial support to students enrolled in a health education related degree program who register for the CHES® examination. Learn more at <https://www.sophe.org/about/awards-fellowships-scholarships/>

SOPHE 21st Century Scholarships

Do not miss SOPHE's Advocacy Summit or Annual Conference. Apply for SOPHE 21st Century Scholarships today! [Learn more and apply](#)

Collegiate Champions Program

If you have another year or two until graduation, consider becoming a SOPHE Collegiate Champion. A Collegiate Champion promotes careers in health education and health promotion and is a liaison between National SOPHE and their college and university. Visit <https://www.sophe.org/membership/collegiate-champions/> to learn more.

Are you conducting a research project?

SOPHE offers fellowships and awards to apply health education research in practice! Visit <https://www.sophe.org/about/awards-fellowships-scholarships/> for more information

Consider a SOPHE internship!

The SOPHE Internship Program offers an opportunity to gain valuable experience in a nonprofit health education organization serving over 4,000 members. Internship candidates provide essential administrative support, host webinars, attend legislative briefings and hearings, and other opportunities depending on the time of year.

[Read more about SOPHE internships.](#)

Advancing Your Career Through SOPHE Leadership

Getting Started

SOPHE's Emerging Volunteers Toolkit is an online course to help start your SOPHE leadership journey. Visit <https://www.sophe.org/membership/volunteer/> to get started.

Volunteer Options

What you would like to learn more about or do on your SOPHE leadership journey? Consider your interests, skills and the amount of time you have to volunteer. Volunteer participation can earn CHES® credits!

Activity	Brief Description	Avg. Time Commitment	Additional Info
Abstract Reviewer	Review abstracts for SOPHE Annual Conference or Advocacy Summit	1 hr./year	
Journal Reviewer	Review manuscripts for a SOPHE journal; requires graduate/doctoral degree	2 hrs./year	
Collegiate Champion or Faculty Mentor	Promotes SOPHE on campus or mentor collegiate student representative.	1 hr./year	
Community of Practice Co-Chair/ Volunteer	Networking & peer exchange one of 14 SOPHE's Communities of Practice.	1-2 hrs./month	
Chapter Delegate	Represent chapter in House of Delegates; meet via toll-free 90-minute conference call.	min 1.5 hrs./month	
National Trustee/ Elected Officer	Responsible for overseeing SOPHE's programs, services, strategic plan, business, legal & fiduciary operations, hire/evaluate SOPHE CEO, meets virtually monthly and in person 2 times year.	>2 hrs. monthly; 2 days for inperson, executive committee 3-5 hrs./monthly	

2021 National SOPHE Elections

SOPHE is recruiting for nominees for the following offices. [Contact Dr. Antonio Gardner \(ajg130@msstate.edu\)](mailto:ajg130@msstate.edu).

President-elect (3-year term president, immediate past president; executive board)
 Treasurer (2-year term; executive board)
 Trustee, 2022 Annual Meeting (2-year term)
 Trustee, Professional Development (2-year term)

Trustee, Advocacy/Resolutions (2-year term)
 Trustee, Publications (2-year term)
 Trustee, Strategic Planning (2-year term)
 Student Trustee (1-year term)
 and additional opportunities

Planning Your Leadership Journey Via the SOPHE Chapters

Spanning more than 30 states, northern Mexico and western Canada, SOPHE chapters represent 2,000 health education specialists who are dedicated to improving public health through education. Many of SOPHE's finest leaders started their journey via their local SOPHE Chapter!

Getting Started

SOPHE encourages connecting with a chapter, if one is near in addition to being national SOPHE member! This is an important steppingstone to national leadership positions. To connect with a chapter, visit <https://www.sophe.org/membership/sophe-chapters/>

Chapter Volunteer Options

Volunteer participation is a valuable and rewarding task for you and your local chapter! Each chapter has an executive board with elected positions - president, president-elect, secretary, treasurer, membership, national delegate, continuing education, professional development, etc. Many volunteers start by serving on a chapter committee. Local chapters are always looking for volunteers!

Activity	Brief Description	Avg. Time Commitment	Additional Info
Elected officers (e.g., president, president-elect, treasurer)	Responsible for overseeing the chapter's programs/services, achievement of goals & objectives, legal & fiduciary responsibilities.	2.5 hrs./monthly & depending on chapter	
National Delegate	Represent chapter in House of Delegates; meet via toll-free 90-min conference call.	1.5 hrs./monthly & more depending on chapter	
Continuing Education	Provide information on CHES/MCHES process to groups to provide continuing education contact hours at events; maintain records for national SOPHE; assist chapter members with CHES®/MCHES® application. Review CHES®/MCHES® app requests.	1.5 hrs./monthly & more depending on chapter	
Advocacy	Determine organization advocacy needs, establish & maintain connections with appropriate statewide advisory committees, organizations, etc. Develop and identify, approve & distribute position statements.	1.5 hrs./monthly & more depending on chapter	
Membership Recruitment & Retention	Assist membership chair with member enhancement and recruitment strategies.	1.5 hrs./monthly & more depending on chapter	
Technology & Communication	Develop and update content of chapter web page, social media, newsletters and other communications.	1.5 hrs./monthly & more depending on chapter	